

# Patient Tracking

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## Objectives:

- Review how the BHCM Role support population health
- Review the treatment targets and approach to adjustment
- Identify documentation needs
- Review performance and progress and managing to lack of response

# Population Health Management

BHCM will manage and populate a clinic-specific systematic case review tool. This will include entering patients, updating information, and viewing the systematic case review tool to dictate daily workflow and tasks

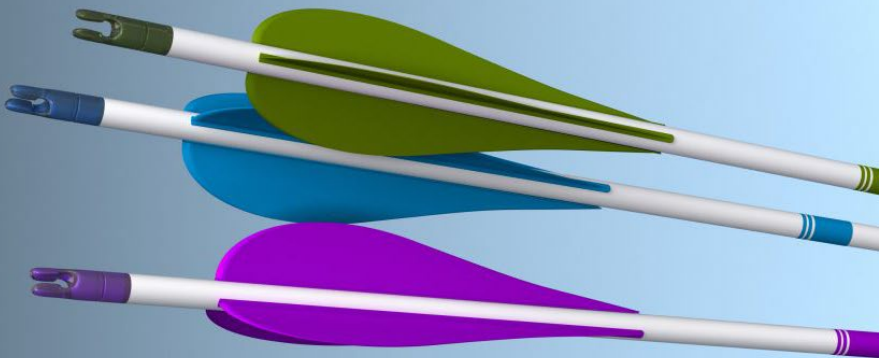
BHCM will run reports and gather data as appropriate in order to support fidelity to the model

# Outcome Targets

## The Goal is Remission

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- Ideal target is remission – score less than 5
- Other targets include:
  - 5 point reduction in score
  - 50% reduction in score



# Treatment – To - Target

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- Adjusting the treatment plan based on symptom measures is one of the most important components of collaborative care. Clinicians change the treatment until the patient has at least a 50% reduction in measured symptoms.
- Measuring symptoms frequently with PHQ 9, GAD 7, and self report, allows the providers and the patient to know whether the patient is having a full response, partial response or no response to treatment.
- These measures also provide information about which symptoms may be improving and which may not be. This information is important in making decisions about how to adjust treatment.
- Sharing PHQ-9 and GAD-7 scores and trends with the patient

## BHCM:

Documents patient contacts and outcome measures in EHR and systematic case review tool (if separate from EHR)

Uses systematic case review tool to manage and track treatment progress for the entire caseload and discuss patients with the psychiatric consultant

## Interactions



Filter:  T-Call  Face To Face  Mail

[Summary](#)

Date	Interaction Type	Contact Type	Time (mins)	Purpose	Purpose 2	Contact #	Name
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Interaction Type:

Telephone Call

Contact Type:

outgoing call

Purpose:

Therapeutic Intervention

Interacted with:

Patient

Name:

Patient

Contact Number:

( ) -

Length of interaction (whole minutes):

18

Purpose 2:

Outcomes/Screenings

Relationship:

[Enroll Popup](#)

Details: [My Phrases](#) | [Manage My Phrases](#)

Worked on distress tolerance using mindfulness and relaxed breathing.

Same day as visit with provider:

Yes  No

risk screenings completed

plan/interventions completed

Interventions used:

Behavioral Activation

Problem Solving Treatment

Distress Tolerance

Motivational Interviewing

Other Therapy

# Considerations: Patient Not Responding

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- Patients not improving during the critical treatment window should be reviewed with the Psychiatric Consultant in systematic case review
- Keep the SCR tool updated to capture trends

# Questions

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